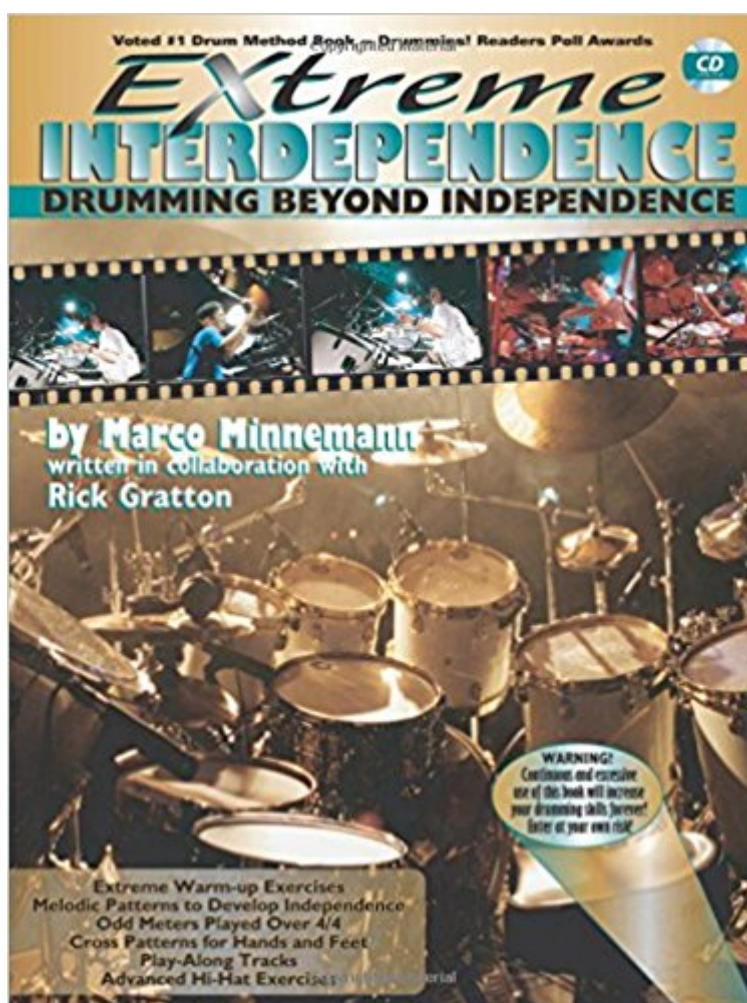


The book was found

# Extreme Interdependence: Drumming Beyond Independence (Book & CD) (Percussion)



## Synopsis

Cutting-edge techniques to master 4-limb independence from German drum sensation Marco Minnemann. His method will dramatically increase independence and coordination skills and help develop facility on the drumset in all styles. Included are patterns, melodies for two limbs, extreme hi-hat and flam techniques, extreme soloing and independence grooves, and more. A bonus section includes play-along material from Marco's solo CDs and actual workshop sheets from his amazing clinics. Interdependence: the ability to switch any pattern to any limb at any time---complete freedom!

## Book Information

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## Customer Reviews

D. Jaeger's review inspired me to move ahead with the purchase of this book. I am partial to trying something when someone who has given it an honest try can point to concrete results in his analysis! I read somewhere that Joe Morello is a practicer. He believes in practicing as an art form unto itself. I was glad to read that since I am woodshedding like I've never woodshedded in my life, thus on the lookout for whatever methods will help me get better. Enter Marco Minneman and his crazy far-out book on Extreme Interdependence. The first thing that struck me was that one should be ready to not sound particularly musical when practicing these exercises. It reminds me of a statement made in a book on how to play freely and from that space where music comes through you as you get out of the way. You have to be willing to play things that sound bad. Not as an

objective but as an avenue toward complete freedom in your playing. Marco's book came to me not a week after I read that statement. At the same time, may I remind you that as a drummer, every stroke upon the head of thine drum should be played with as much as technique as is in one's cache at the time. There IS a difference between how a snare drum sounds when I strike it and when my son who has not studied one minute of drumming, strikes it. It's in how you pull the stick away from the head as much as in the force with which you hit it. What does all of this have to do with Extreme Interdependence? Well, even though the exercises themselves are not written to sound "pretty" or even to "groove", we drummers should approach everything we do with musicality in mind! It's NOT three musicians and a drummer but FOUR musicians and a roadie! I breezed through exercise 1 through 8 at the beginning of the book. Then I got to exercise 9. Well, let's just say this is going to be a trip! These are brain twisting exercises until you get them under your belt. I have just about gotten number 9 down. There is a certain self-satisfaction that comes with "getting" these things down. They are so difficult at first but with patient practice and a firm belief that nothing is over your head.....it just takes time, these exercises definitely give one the feeling that one is on the road to some major breakthroughs in one's playing. It just takes a listen to someone like Antonio Sanchez to realize that that is the kind of disciplined freedom with which I want to play! Given that D. Jaeger is months ahead of me in this book and he is seeing the results in spades, I am moving ahead with those promises as results not yet seen but which will surely be mine in time! This is not a beginners book. I believe it may best yield results for intermediate to advanced level players.

This is an excellent book. I have spent the past several weeks just working through the warm-ups, which help prepare you mentally and physically for the later material. The warm-ups are brilliantly designed, dividing the body in multiple ways to really force you to find and bring up weak points in your coordination. They are written in straight quarter notes but one can already see the possibilities (e.g. back and forth between eighth notes and quarters, moving into triplets, etc.). The CD is great because it demonstrates various musical applications of the material. Marco is an insane player, and this really gives a good look into where he is coming from. I highly recommend adding it to your library.

This is book is very good as long as the exercises within are understood to be a means to an end and not the end itself. You won't be learning licks or musicality with this book, but rather developing the coordination to create your own. It is a TECHNIQUE book and not an "practice-this-lick" book. The underlying concept is to develop your ability to execute any combination with any limb at any

time and understand how differing rhythms work with and against each other. Some of the exercises sound terrible and would not be practical in any musical setting, but, again I want to emphasize it's about developing smooth facility and NOT about musicality. As long as one bears that in mind this book will be very useful. Also, this is not material to be ripped through. It demands concentration, memorization and consistency in one's practicing habits to be effective and should be used at the same time in conjunction with books, concepts, etc., that do focus on musicality, otherwise you could end up sounding cold, grooveless and emotionless like somebody riding a bike down a flight of stairs. I spent two months just getting the warm-up exercises down! After working consistently with this book the results ARE awesome - it gets easier and easier to play accurately exactly what comes into your head and develop new, interesting material for your musical vocabulary. Be patient, tho, the exercises can be very challenging and frustrating. I've played off and on professionally for almost 30 years and I'm guessing this book might become the "Chapin book" for the new millennium.

The first day.....I threw the drum sticks across the room I was so frustrated with the warm ups.The second day....I took it slowThe third day.....I felt I was a better, more coordinated drummer.End of story.Absolutely fantastic book. Will challenge you to the utmost.

Use to own this years ago. Glad I found it on .

Marco is in a league of his own. Learn from the best.

This book is a waste! I would advise purchasing **ADVANCED TECHNIQUES** for the **MODERN DRUMMER** by Jim Chapin, the **KING** of drumming independence and the **BEST DAM DRUM INSTRUCTOR ON THE PLANET!!!** After you have successfully concored the book, set your drum set up backwards and start over on page one. You will be amazed how much better you've become!

In response to review #1 who found this book useless, let it be known, this book, if used correctly, is **THE BEST INDEPENDENCE** book I've found on the subject. This is not a "open to a page and play the groove" kinda book, one can spend a lifetime working through the millions of options and patterns, mixing things up and improving your skills. This is definitely a book you have to work at, and take small sections and practice, practice, practice...but if you do, you will be a much better player!

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